

# TOXIC TEAMS CHECKLIST

Feel like your workplace culture could be heading down a toxic path? Don't stress, we have all been there! Use this helpful checklist to identify where you might need to make some adjustments to keep your workplace thriving.

## CHECK IT OFF

- Does your company core values serve as the basis for how the organisation functions?**
- Are employee suggestions discarded?**
- Do you feel like you are being micromanaged? Or are maybe micromanaging your team?**
- Does it feel like blaming and punishment from management are the norm?**
- Is there excessive absenteeism, illness and high employee turnover present?**
- Is overworking expected and regarded as a badge of honor?**
- Is there much interaction between employees and the manager/management team?**
- Is there a high presence of gossiping and social cliques?**
- Do you feel like there is favouritism and office politics present in your workplace?**
- Is there any signs of aggressive or abusive behaviour in the workplace?**

## HOW DID YOU DO?

Did you tick off any boxes? If you didn't, CONGRATULATIONS! You are on the right track to having a thriving workplace culture! If you did, don't worry, it doesn't mean it is the end of the world, it just might be time to look at the issue more closely. Try approaching it in a new way by [following our best tips](#), or get some insider help if needed. It is never too late to [transform your workplace culture!](#)